

Patient Version

MICHIGAN NEUROPATHY SCREENING INSTRUMENT

A. History (To be completed by the person with diabetes)

Please take a few minutes to answer the following questions about the feeling in your legs and feet. Check yes or no based on how you usually feel. Thank you.

1. Are your legs and/or feet numb? Yes No
2. Do you ever have any burning pain in your legs and/or feet? Yes No
3. Are your feet too sensitive to touch? Yes No
4. Do you get muscle cramps in your legs and/or feet? Yes No
5. Do you ever have any prickling feelings in your legs or feet? Yes No
6. Does it hurt when the bed covers touch your skin? Yes No
7. When you get into the tub or shower, are you able to tell the hot water from the cold water? Yes No
8. Have you ever had an open sore on your foot? Yes No
9. Has your doctor ever told you that you have diabetic neuropathy? Yes No
10. Do you feel weak all over most of the time? Yes No
11. Are your symptoms worse at night? Yes No
12. Do your legs hurt when you walk? Yes No
13. Are you able to sense your feet when you walk? Yes No
14. Is the skin on your feet so dry that it cracks open? Yes No
15. Have you ever had an amputation? Yes No

Total: _____

